



كلية الاميرة سلمى للتمريض.
قسم صحة المجتمع والصحة النفسية.

توصيف مساق الصحة النفسية العملي.

1. معلومات مدرس المساق (Instructor)

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| اسم (مدرس / منسق) المساق : | ايمان محمد حرب |
| الساعات المكتيبيــــــــــــــــة : | 12 - 11 |
| رقم المكتب والرقم الفرعي : | لا يوجد |
| البريد الالكتروني : | Sharb83@yahoo.com |
| مساعد البحث والتدريس/المشرف/الفاقي (إن وجد): | ايمان محمد حرب |

2. وصف المساق (Course Description)

This course is concurrent with the theory course of Mental Health Nursing. It is designed for nursing students and provides them with the opportunity to implement the concepts and theoretical background in the practice setting, and in simulation situations designed by the course facilitator. The students will spend the majority of the practicum in an inpatient acute or chronic setting. The students will learn the nursing role and nursing contribution to the treatment team, and the management of the psychiatric ward. The students will utilize the nursing process to assess patients and plan their nursing care. They will have the opportunity to implement principles of health problems and while implementing appropriate therapeutic interventions to variety psychiatric disorders in clinical area.

The course will focus on the development of competencies necessary for the practice of mental health nursing with emphasis on the use of self in relationships with patients and health team members.

This course will assist the students to further consolidate their theoretical knowledge and their understanding of psychiatric disorders, its manifestation, identification and management.

3. بيانات المساق (Course Title)

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| المستوى: رابعة | اسم المساق: Mental Health Nursing (Clinical) | رقم المساق: 1001472 |
| وقت المحاضرة: 1- 8 | المتطلب السابق / المتزامن Mental Health Nursing : (Theoretical course) | طبيعة المساق: عملي |
| عدد الساعات الدراسية: 3 | الفصل الدراسي: الثاني | العام الجامعي: 2020/2019 |

4. أهداف المساق (Course Objectives)

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| - Discusses current trends in the treatment of people with mental illness. | A |
| - Identifies client responses that indicate treatment effectiveness. | B |
| - Discusses the nurse's role in educating clients and families about current neurobiology theories and medication management. | C |
| - Integrates the knowledge (evidence) into management of patient(s) care. | D |
| -Demonstrates accountability, responsibility, professionalism, and increased level of independence when working with the clients and other health team members. | E |

5. مخرجات التعلم (Intended Student Learning Outcomes) (المعرفة والمهارات والكفايات)

يفترض بالطالب بعد دراسته لهذا المساق أن يكون قادرا على:

1. Manages safety and comfort principles and psychomotor skill competencies with clients with variety of behavioral and emotional disorders.
2. Leads team of nurses using team building activities.
3. Applies therapeutic communication skills, collaborate, and cooperate to establishes effective professional relationship with patients, health team members, college, and instructor.

6. محتوى المساق (Course Content)

| الموضوع | الأسبوع |
|---|------------|
| Orientation (Course outline + Therapeutic relationship) | الأول |
| Orientation (Drug abuse and withdrawal symptoms + Mental status exam & antipsychotic medication | الثاني |
| | |
| Health care Center- Clinical | الثالث |
| Health care Center - Clinical | الرابع |
| Health care Center - Clinical | الخامس |
| Health care Center - Clinical | السادس |
| Health care Center - Clinical | السابع |
| Health care Center - Clinical | الثامن |
| Health care Center - Clinical | التاسع |
| National Center of Mental Health (Amman) | العاشر |
| National Center of Mental Health (Amman) | الحادي عشر |
| National Center of Mental Health (Amman) | الثاني عشر |
| الامتحان النهائي | الثامن |

7. استراتيجيات التعليم والتعلم وطرق التقويم

(Teaching and learning Strategies and Evaluation Methods)

| نوع التقويم/القياس (امتحان/عروض صفية/مناقشة/واجبات) | أنشطة التعلم | استراتيجيات التدريس | مخرجات التعلم | ت |
|--|--|----------------------------------|---|---|
| Exams | Attending multi-disciplinary and treatment team. | Direct interaction with patients | Manages safety and comfort principles | 1 |
| Oral discussions | Assignments | Individual and group discussions | Leads team of nurses | 2 |
| Seminars | Activities with patients. | Observing group meeting | Applies therapeutic communication skills | 3 |
| Assignments | | Audio visual aids. | collaborate, and cooperate to establishes effective | 4 |

| | | | | |
|--|--|--|--|---|
| | | | professional relationship with patients | |
| | | | Collaborate with health team members, college, and instructor. | 5 |

8. تقييم الطلبة (Assessment)

| توزيع الدرجات لكل أسلوب | توقيت التقييم | الأساليب المستخدمة |
|-------------------------|---------------------------|-------------------------------------|
| 65 | خلال الفصل | 1-أعمال الفصل: (تقرير، وظائف، حضور) |
| 10 | الأسبوع الرابع | 2-امتحان تحريري أول |
| 25 | أسبوع الامتحانات النهائية | 3-امتحان تحريري نهائي |

9. الكتاب المقرر (Text Book)

| | |
|-----------------------------------|--------------------------|
| Psychiatric Nursing Care Planes. | المرجع الرئيس |
| Katherine M. & Patricia A. Worret | المؤلف |
| Mosby 2012 | الناشر |
| 14th September 2011 | السنة |
| 5 th Edition | الطبعة |
| eBook ISBN: 9780323075749 | الموقع الالكتروني للمرجع |

10. المراجع الإضافية (References) (وتشمل الكتب والبحوث المنشورة في الدوريات او المواقع الالكترونية)

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