

توصيف مساق تمريض الصحة النفسية النظري
Mental Health Nursing/ Theory

1. معلومات مدرس المساق (Instructor)

Dr. Asem Al-Hmoud (RN,PhD)	اسم (مدرس /منسق) المساق :
Sunday, Tuesday 11.30-12.30 Monday, Wednesday 11.30-12.30	الساعات المكتبية :
	رقم المكتب والرقم الفرعي :
asemalhmoud@yahoo.com	البريد الإلكتروني :
N/A	مساعد البحث والتدريس/المشرف/الفني (إن وجد):

2. وصف المساق (Course Description)

This is an introductory course in mental health nursing. Human beings are viewed from a holistic perspective: including the biological, environmental, cultural, and interpersonal factors that foster mental health. Relevant nursing theories and evidence-based practice form the foundation for therapeutic communication, assessment, and basic intervention skill to promote mental health in patients and families in healthcare settings. In this course, the student is introduced to basic concepts of Psychiatric-Mental Health. The course provides the student with the knowledge base to apply selected theories, concepts and research in the nursing management of mental disorders in clients throughout the life span and in a variety of settings. Traditional psychotherapeutic and integrative health therapies are addressed.

3. بيانات المساق (Course Title)

المستوى: السنة الرابعة	اسم المساق: تمريض الصحة النفسية النظري	رقم المساق: 1001459
وقت المحاضرة: ثن، ربع: 2.00 – 12.30	المتطلب السابق: أو (1001331) ومنتزامن مع 1001335)1001443	طبيعة المساق: نظري
عدد الساعات الدراسية: ثلاثة	الفصل الدراسي: الثاني	العام الجامعي: 2019/2020

4. أهداف المساق (Course Objectives)

- Compare selected theories, conceptual frameworks related to human behavior and the etiology, prevention, and management of selected psychiatric disorders and behavioral issues.	أ-
- Define the conceptual bases of mental health and mental illness.	ب-
- Identify the psycho-neurophysiological variables relevant to mental health	ج-
- Describe the role of the registered nurse in the prevention and treatment of mental health and behavioral disorders.	د-
- Describe the therapeutic communication skills necessary for interacting with clients with psychiatric disorders and their families.	هـ-
- Demonstrate basic skills in therapeutic communication, patient interviewing, conflict resolution, and mental health assessment.	و-
- Describe the importance of collaboration with other professionals and members of the psychiatric health care system in providing nursing care for clients with psychiatric disorders.	ز-
- Describe the uses of therapeutic milieu in psychiatric-mental health nursing settings.	ح-

5. مخرجات التعلم (Intended Student Learning Outcomes) (المعرفة والمهارات والكفايات)

يفترض بالطالب بعد دراسته لهذا المساق أن يكون قادرا على:

- 1- Demonstrate collegiality while working as a member of the mental-health care team
- 2- Identify ethics and legalities related to mental health care
- 3- Demonstrate therapeutic communication, including therapeutic use of self
- 4- Take appropriate measures to ensure the safety of clients, yourself, and others
- 5- Admit clients to the psychiatric/mental health unit, including all assessment and documentation
- 6- Develop and implement nursing care plans that meet the needs of assigned psychiatric/mental health clients
- 7- Develop and implement teaching and learning plans that meet the needs of assigned psychiatric/mental health clients
- 8- Develop group therapy leadership skills

6. محتوى المساق (Course Content)

الموضوع	الأسبوع
Introduction to the course and syllabus discussion Mental health and mental illness Ethical and Legal Issues	الأول
Cultural and Spiritual Concepts Relevant to Psychiatric/Mental Health Nursing Relationship Development and Therapeutic Communication	الثاني
The Nursing Process in Psychiatric/Mental Health Nursing Psychopharmacology	الثالث
الامتحان الأول	
Milieu Therapy—The Therapeutic Community Intervention in Groups	الرابع
Intervening in Crises The Recovery Model	الخامس
Suicide Prevention The Bereaved Individual	السادس
Neurocognitive Disorders Substance-Related and Addictive Disorders	السابع
Schizophrenia Spectrum and Other Psychotic Disorders	الثامن
الامتحان الثاني	
Depressive Disorders	التاسع
Bipolar and Related Disorders	العاشر
Anxiety, Obsessive-Compulsive, and Related Disorders Trauma- and Stressor-Related Disorders	الحادي عشر
Somatic Symptom and Dissociative Disorders Eating Disorders	الثاني عشر
Personality Disorders Children and Adolescents	الثالث عشر
The Aging Individual	الرابع عشر
Survivors of Abuse or Neglect	الخامس عشر
الامتحان النهائي	

7. استراتيجيات التعليم والتعلم وطرق التقويم
(Teaching and learning Strategies and Evaluation Methods)

ت	مخرجات التعلم	استراتيجيات التدريس	أنشطة التعلم	نوع التقويم/القياس (امتحان/عروض صفية/مناقشة/واجبات)
1	Demonstrate collegiality while working as a member of the mental-health care team	Lectures	Role playing Assignments Discussion and group activities.	Exams/presentation evaluation
2	Identify ethics and legalities related to mental health care	Lectures/seminar presentation	Role playing Assignments Discussion and group activities.	Exams/presentation evaluation
3	Take appropriate measures to ensure the safety of clients, yourself, and others	Lectures/seminar presentation	Role playing Assignments Discussion and group activities.	Exams/presentation evaluation
4	Develop and implement nursing care plans that meet the needs of assigned psychiatric/mental health clients	Lecturing	Role playing Assignments Discussion and group activities.	Exams/presentation evaluation

8. تقييم الطلبة (Assessment)

الأسابيب المستخدمة	توقيت التقييم	توزيع الدرجات لكل أسلوب
1-أعمال الفصل: (تقرير، وظائف، حضور)	خلال الفصل	10%
2-امتحان تحريري أول	to be determined	20%
3-امتحان تحريري ثاني	to be determined	20%
4-امتحان تحريري نهائي	أسبوع الامتحانات النهائية	50%

9. الكتاب المقرر (Text Book)

Essentials of Psychiatric Mental Health Nursing: Concepts of care in evidence-based practice.	المرجع الرئيس
Townsend, M.	المؤلف

F.A Davis. Philadelphia.	الناشر
2016	السنة
7th Ed	الطبعة
http://www.mediafire.com/download/0h17arxxt9vdyj/	الموقع الالكتروني للمرجع

10. المراجع الإضافية (References) (وتشمل الكتب والبحوث المنشورة في الدوريات او المواقع الالكترونية)

Townsend, M. <i>Nursing Diagnosis in Psychiatric Nursing: Care Plans and Psychotropic Medications</i> . 8 th	-1
American Psychiatric Association. <i>Quick Reference to Diagnostic Criteria from DSM-V</i> . Washington D.C: APA. Current Edition	-2

11. سياسات المساق

Course Policies	
Class Attendance:	
1. Students must attend all classes of this course. Absenteeism will be only accepted following the rules and regulation of Al al-Bayt University.	
2. Any student with absence of 12.5% of the classes of any course will be not illegible to sit for the final exam.	
3. In the case (b) above, if a student submits an official sick report authenticated by university clinic or an accepted excuse by the Dean of his/her faculty, the student will be considered as withdrawn from the course.	
4. Students are not allowed to come late to classes. Any student coming late will not be allowed to attend the class and he/she will be marked absent.	
5. No mobiles and cellular phones allowed	
6. Students had to submit their excuses for the exams within 48 hours. No excuses accepted until studied and investigated.	
7. Visitors (friends, family members, children, significant others) will not be permitted in the classroom without prior approval of the instructor.	
Exams Attendance:	
1. Failure in attending a course exam other than the final exam will result in zero mark unless the student provides an official acceptable excuse to the instructor who approves a make-up exam.	
2. Failure in attending the final exam will result in zero mark unless the student presents an official acceptable excuse to the Dean who approves	

an incomplete exam, normally scheduled to be conducted during the first two weeks of the following semester.	
3. A student who is late more than 10 minutes will not be permitted to sit the exam (first, second or mid exams).	
4. A student who is late more than 30 minutes will not be permitted to sit to final exam, and no student will be permitted to leave the exam center before the elapse of 30 minutes.	
Cheating: Cheating is an attempt to gain marks dishonestly and includes; but not limited to:	
1. Copying from another student's work.	
2. Using materials not authorized by the university.	
3. Collaborating with another student during a test, without permission.	
4. Knowingly using, buying, selling, or stealing the contents of a test.	
5. Plagiarism which means presenting another person's work or ideas as one's own, without attribution.	
6. Using any media (including mobiles) during the exam	