Al-Al Bayt University Princess Salma Faculty of Nursing Adult Health nursing

Course Title :Critical Care Nursing Course Number :1001421 Credit Hours :2 Pre requisite : Placement : Instructor: , Course Description : General objectives : Objectives: At the end of this course the student will be able to: 1. Integrate a specific theoretical knowledge related to nursing, pathophysiology,

- 1. Integrate a specific theoretical knowledge related to nursing, pathophysiology, pharmacology, and medical technology to understand physiological and psychosocial responses to critical health disruptions.
- 2. Develop a system to evaluate health status, identify responses to critical health disruptions, and define learning needs of critically ill patients and their families.
- 3. Integrate knowledge from nursing and other disciplines to formulate nursing intervention strategies for patients experiencing critical health disruptions.
- 4. Analyze research results and it's implication in the area of critical care that relate to current practice.
- 5. Evaluate the value of collaboration in the care of the critical ill, and those with system specific disorders.
- 6. Reflect on legal and ethical issues related to critical nursing.

Course outline :

Itroduction to Critical

Time: . Introduction to the course concepts of critical care nursing Practice. Bioethical Issues in Critical Care

- Briefly explain the way in which ethics assists in reaching answers to moral dilemmas
- Name the ethical principles most relevant to the withholding or withdrawing of life-sustaining treatment and the patient self-determination
- Explain the basic difference between the two major ethical systems: consequentialism and nonconsequentialism
- Discuss the terms moral uncertainty, moral distress, and moral dilemma
- Name the two guidelines that provide the nurse with basic directions needed to address ethical issues

Cardiovascular System

. Alterations in Core Body Systems :

- A. Cardio vascular alterations.
- 1. Anatomy and physiology
- Briefly describe the characteristics of cardiac muscle cell
- Explain the difference between electrical events and mechanical events in the heart

- Define depolarization
- Describe the normal conduction system of the heart
- State the formula of calculating cardiac output
- Briefly explain the role of the parasympathetic and sympathetic nervous systems in the regulation of the heart rate
- State the three factors involved in the regulation of stroke volume
- Define preload and afterload
- . 2. Assessment: Cardiovascular
- Discuss four important considerations in preparing a patient for a cardiac examination
- Locate the four areas of auscultation on the anterior chest wall
- Discuss the mechanisms responsible for the production of the first and
- second heart sounds and the phases of the cardiac cycle these sounds represent
- Discuss the clinical significance of the third and fourth heart sounds and their timing in the cardiac cycle.
- Describe each type of murmur, its timing in the cardiac cycle, and the area on the chest wall where it is most easily auscultated
- 3. CVS laboratory and diagnostic test
- Describe the role of enzyme studies in diagnosis an acute myocardial infarction
- Compare and contrast the usefulness of creatine kinase(CK) and lactate dehydrogenase(LDH) isoenzyme studies
- List possible etiologies of serum CK and LDH elevations other than acute myocardial infarction_ischemia
 - Interpret CK and LDH isoinzime studies when providing patient care Cardiovascular diagnostic procedures
- Describe four current techniques used for diagnostic purposes in cardiology
- Outline the patient and family teaching appropriate to prepare the patient for exercise ECG studies
- Explain the preparation neces

Respiratory System

B. Pulmonary alteration

- 1. Anatomy and physiology
- Explain the components of total lung capacity
- Describe the mechanics of respiration
- Define lung compliance
- Compare and contrast perfect ventilation and perfusion with decreased ventilation and perfusion
- -Outline the process of gas diffusion through the alveoli and into the blood and tissues
- State the importance of oxygen saturation when assessing the effectiveness of respiration
- Describe the key feature of oxygen dissociation curve list two brain stem centers that regulate respiration describe the componentory machanisms that control respirat
- describe the compensatory mechanisms that control respiration
- 2. Assessment:

- List five questions to use when gathering history data
- Describe four procedures and possible findings used in respiratory physical examination
- -Compare and contrast mixed venous and arterial samples for oxygen, carbon dioxide, pH and oxygen saturation
- List the normal values for arterial blood gases
- Describe the procedure for obtaining ABGs
- Given an example, perform a basic analysis of acid-base interpretation
- Describe the process by which negative pressure is generated
- List several indications for chest tube placement
- Compare and contrast the one, two, and three-bottle chest drainage systems
- Discuss the nursing interventions necessary to prevent complications due to chest tube drainage systems
- Describe the nursing actions required to maintain chest tube patency
- State three potential complications due to chest tube stripping

2Respiratory Failure

- Define respiratory failure
- Identify three potential events affecting events affecting different body
- systems that can lead to respiratory failure
- Discuss five indications for mechanical ventilation
- Compare and contrast the function of a manual resuscitator bag to a mechanical ventilator
- Discuss three different types of mechanical ventilator
- Discuss three different

Neurological System

- C. Nervous system
 - 1. Anatomy and physiology
- List the cellular units of the nervous system
- Briefly explain the physiology of a nerve impulse
- List two functions of cerebrospinal fluid
- Explain the functions of thalamus
- Define the reticular activity system
- Briefly define the sensory system and the motor system
- List and explain three cord reflexes
- Explain the physiology of pain and the gate theory of pain regulation

2. Assessment

- Discuss the value of gathering neurological data in an orderly and objective manner
- Correlate such data over time
- Recognize those patterns of assessment findings that imply a significant
- change in pathology for patient care
- Relate the procedure of selected neurodiagnostic tests to nursing implication for patient care
- -Evaluate the effect of neurological dysfunction on the patient's living patterns
- Define brain death

3. Management modalities

Intracranial pressure monitoring (ICP)

- Identify four indications for intracranial pressure

- List four techniques for obtaining ICP measurement

- Define cerebral perfusion pressure (CPP)

- Describe three interventions used to promote adequate cerebral blood flow

(CBF) in the presence of increased intracranial pressure (ICP)

- List three possible nursing diagnosis for the patient with ICP and describe the nursing interventions for each diagnosis

4. Head injury

- Identify possible mechanisms of head injury associated with trauma

- Describe various types of head injuries and their associated symptomatology

- Explain the pathophysiology of potential

- Discuss the rationale for medical and nursing management in the therapy of the head-injured patient

5. Cerebrovascular disease & amp; cerebral aneurysms

- Name three common clinical manifestations of a right hemispheric stroke

- Name three common clinical manifestations of a left hemispheric stroke describe thre

Evaluation methodology :

First Exam......25 Second Exam......25 Final Exam......50 **References :** *Critical Care Nursing3ed , Saunders Company, **Course Schedule : Topic______Hours**

No Information Available...