



كلية الأميرة سلمى بن عبد الله للتمريض
قسم تمريض صحة المجتمع والصحة النفسية

أساسيات التمريض النظري

1. Fundamental of Nursing/Theory

2. معلومات مدرس المساق (Instructor)

اسم (مدرس /منسق) المساق :	د. نهى الشديقات د. معن الجيزاوي د. عاصم الحمود
الساعات المكتتية :	Sunday, Tuesday 10-12 Monday, Wednesday 9-11
رقم المكتب والرقم الفرعي :	2860
البريد الالكتروني :	maljezawi@aabu.edu.jo
مساعد البحث والتدريس/المشرف/الفاقي (إن وجد):	N/A

3. وصف المساق (Course Description)

This course is considered as an introductory course for other nursing courses. The course content includes main concepts related to nursing as a profession, including theories of wellness and illness, and often physiological, psychological, emotional, and social concepts necessary to the delivery of holistic nursing care through the utilization of nursing process. Students will be introduced to the concepts of protection, prevention and promotion of clients to reach an optimal level of health throughout the lifespan. Ethical and legal situations in nursing practice, research, communication, as well as needs for personal growth and self-awareness will be also included.

4. بيانات المساق (Course Title)

رقم المساق: 1001111	اسم المساق: Community Health Nursing/Theory	المستوى: السنة الرابعة
طبيعة المساق: نظري	المتطلب السابق: 0404107	وقت المحاضرة: حد، ثل: 8-9.30 ثن، ربيع: 8-9.30 و 11-9.30
العام الجامعي: 2020/2019	الفصل الدراسي: الثاني	عدد الساعات الدراسية: ثلاثة

5. أهداف المساق (Course Objectives)

Understand the four core elements of nursing including practice, education, research, and management.	أ-
Comprehend main aspects and modalities regarding the holistic care of individuals, families, and community through health protection, prevention, and promotion.	ب-
Analyze the components of nursing process as a fundamental conceptual framework for nursing care.	ج-
Introduce the main nursing concepts related to health, illness and wellness.	د-
Identify elements of comprehensive health assessment through accurate information – gathering process.	هـ-
Determine the basic nursing care components in clinical settings with consideration of hazard prevention and safety promotion measures.	و-
Identify the physiological, psychosocial, and spiritual aspects (human responses) as essential parts of holistic nursing care.	ز-

6. مخرجات التعلم (Intended Student Learning Outcomes) (المعرفة والمهارات والكفايات)

يفترض بالطالب بعد دراسته لهذا المساق أن يكون قادرا على:

- 1- Apply the nursing process at a beginning level of skill to interpret and manage human responses of clients to their actual or potential health problems
- 2-Apply principles from applied science and interpersonal processes to nurse-client interactions.
- 3-Assess cultural, spiritual, and bio-psychosocial factors when arriving at nursing diagnoses and relevant interventions for individual clients.
- 4-Utilize evidence-based information derived from course related research findings in the application of fundamental nursing care
- 5- Apply therapeutic communication and decision-making skills to involve the client in decision making regarding his/her healthcare.
- 6- Identify theoretical principles and critical behaviours of fundamental nursing
- 7- Use critical thinking skills as a framework for clinical decision-making.
- 8- Demonstrate responsibility for own behaviour and growth as an adult learner and a professional.

7. محتوى المساق (Course Content)

الموضوع	الأسبوع
- Orientation - Historical & Contemporary nursing practice (chapter 1).	الأول

- Nursing education and research (chapter 2). - Community-based nursing and care continuity (chapter 7). - Health promotion (chapter 8).	الثاني
Assessing (chapter 16). - Diagnosing (chapter 17).	الثالث
- Planning (chapter 18). - Implementing and evaluating (chapter 19).	الرابع
- Documenting and reporting (chapter 20). - Concepts of growth and development (chapter 21)	الخامس
الأمتحان الأول	
- Promoting health from conception through adolescence (chapter 22) - Promoting health in adults and older adults (chapter 23).	السادس
- Vital signs (chapter 27). - Health assessment (chapter 28).	السابع
- Asepsis (chapter 29). - Medication (chapter 33).	الثامن
- Skin integrity and wound care (chapter 34). - Pain management (chapter 44)	التاسع
الأمتحان الثاني	
- Nutrition (chapter 45). - Fecal elimination (chapter 46).	العاشر
- Urinary elimination (chapter 47). - Oxygenation (chapter 48).	الحادي عشر
- Oxygenation (chapter 48). - Circulation (chapter 49).	الثاني عشر
- Fluid, electrolyte and acid-base balance (chapter 50).	الثالث عشر
الامتحان النهائي	
فترة الامتحانات النهائية	

8. استراتيجيات التعليم والتعلم وطرق التقويم

(Teaching and learning Strategies and Evaluation Methods)

ت	مخرجات التعلم	استراتيجيات التدريس	أنشطة التعلم	نوع التقويم/القياس (امتحان/عروض صفية/مناقشة/واجبات)
1	Demonstrate collegiality while working as a member of the mental-health care team	Lectures	Role playing Assignments Discussion and group activities.	Exams/presentation evaluation
2	Identify ethics and legalities related to mental health care	Lectures/seminar presentation	Role playing Assignments Discussion and group activities.	Exams/presentation evaluation

Exams/presentation evaluation	Role playing Assignments Discussion and group activities.	Lectures/seminar presentation	Take appropriate measures to ensure the safety of clients, yourself, and others	3
Exams/presentation evaluation	Role playing Assignments Discussion and group activities.	Lecturing	Develop and implement nursing care plans that meet the needs of assigned psychiatric/mental health clients	4

9. تقييم الطلبة (Assessment)

توزيع الدرجات لكل أسلوب	توقيت التقييم	الأساليب المستخدمة
%25	الأسبوع الخامس	1-الامتحان الأول
%25	الأسبوع التاسع	2-الامتحان الثاني
%50	أسبوع الامتحانات النهائية	4-امتحان تحريري نهائي

10. الكتاب المقرر (Text Book)

المرجع الرئيس	<i>Fundamentals of Nursing: Concepts, Process, and Practice</i>
المؤلف	Berman, A. T., Snyder, S., & Frandsen, G. (2015). <i>Kozier & Erb's</i> .
الناشر	Pearson
السنة	2015
الطبعة	10 th
الموقع الالكتروني للمرجع	https://www.pearson.com/uk/educators/higher-education-educators.html

11. المراجع الإضافية (References) (وتشمل الكتب والبحوث المنشورة في الدوريات او المواقع الالكترونية)

Williams, P. A. (2016). <i>deWit's Fundamental Concepts and Skills for Nursing-E-Book</i> . Elsevier Health Sciences.	-1
Potter, P. A., Perry, A. G., Stockert, P., & Hall, A. (2016). <i>Fundamentals of Nursing-E-Book</i> . Elsevier Health Sciences.	-2
Gulanick, et al; <i>Nursing Care Plans, Nursing Diagnosis and Intervention</i> ; Mosby; Latest Edition.	-3